TRS Annuity Payment Calendar

TRS
TEACHER RETIREMENT SYSTEM OF TEXAS

DIRECT DEPOSIT

Payments sent electronically to your bank (direct deposit) will be available on payday (last working day of the month). We encourage this method as it allows your annuity payments to get to you faster and safer than paper check delivery. Log in to your MyTRS account to sign up for direct deposit. As an alternative, you can complete and submit Form (TRS 278) Direct Deposit Request, to TRS. Note: It can take up to 45 days for the new banking information to take effect. Your first annuity payment after making the change may be a paper check.

PAPER CHECK

If you receive your annuity check by mail, please allow 5 working days for mail service delivery. If you do not receive your check within five working days, call TRS toll-free at 1-800-223-8778 so we can assist you.

If the check has been cashed, TRS will send you a copy of the cashed check. If the check has not been cashed, TRS will process a stop payment on the original check and request a replacement check. The replacement check will be mailed in seven to ten days. If the original check then arrives in the mail, do not attempt to cash it, as it will be invalid.

MONTH	PAPER CHECKS MAILED	DIRECT DEPOSIT DATE
September 2025	Sept. 29, 2025	Sept. 30, 2025
October 2025	Oct. 30, 2025	Oct. 31, 2025
November 2025	Nov. 26, 2025	Nov. 28, 2025
December 2025	Dec. 30, 2025	Dec. 31, 2025
January 2026	Jan. 29, 2026	Jan. 30, 2026
February 2026	Feb. 26, 2026	Feb. 27, 2026
March 2026	March 30, 2026	March 31, 2026
April 2026	April 29, 2026	April 30, 2026
May 2026	May 28, 2026	May 29, 2026
June 2026	June 29, 2026	June 30, 2026
July 2026	July 30, 2026	July 31, 2026
August 2026	Aug. 28, 2026	Aug. 31, 2026

To learn more: TRS pension benefit information

This calendar is updated each August.