

Trust Teacher Retirement System of Texas

Earning your trust every day.



TRS of Texas representatives:

Have an email address ending in @trs.texas.gov Can provide a TRS badge or business card. Do not provide refreshments at offsite events. Will never meet at your home. Do not sell life insurance products. Do not sell our membership list

Objectives

- 1 Your Pension
- Review the Life Event Resource Toolkit
- Understanding your Member Statement
- Social Security
- 5 Access MyTRS
 - ✓ MyTRS Planning Tools
 - ✓ Account Management
- 6 Estimating Monthly Retirement Expenses & Income
- What if it's not enough?



Your Pension





Member Contributions

Investment Earnings

Retirement benefits are based on a formula and funded by:

TRS is a 401(a) Defined Benefit Plan

- ✓ Pension specifically created for you
- ✓ Among the largest pension funds in the United States
- ✓ Experienced team to manage the fund
- ✓ Funded by member, employer and state contributions as well as investment earnings

Scan here for more information







Retirement Formula



Life Event Toolkit



Personal Events

- Marriage
- Starting a Family
- Purchasing a Home
- Divorce
- Death
- Disability
- Change of Address/Phone
- Turning 65





Career Events

- New Hire
- Nearing Retirement
- Ready to Retire
- Terminating Employment
- Returning to Employment After Separation
- Turning 65
- Retired
- Employment After Retirement

Home

Life Event Resource Kit



Q



Active Members

Retirees and Beneficiaries Reporting Employers Investments

Pension Benefits

MyTRS RE Portal PAVES Careers Subscribe! Contact Us

Search...

Health Care Benefits

ACTIVE MEMBERS - HOME

About MyTRS Member Accessibility

BENEFIT INFORMATION

TRS Document Drop Box Available at Austin Headquarters Keep Your Information Current Refunding Your Member Account Long Term Care Information

About TRS

MEMBER EDUCATION VIDEO SERIES

FINANCIAL AWARENESS VIDEO SERIES

TRS-ACTIVECARE

2021-22 TRS-ActiveCare Rates 2021-22 TRS-ActiveCare Plan Highlights (pdf) HMO Plans TRS-ActiveCare Medical Coverage (BCBSTX) Pharmacy Coverage (CVS Caremark) TRS-ActiveCare for Employers

PAN NG FOR RETIREMENT

Schedule Live Video Office Visits Steps: Planning for Retirement (pdf) Service Credit Brochure (pdf) Disability Retirement Retirement Deadlines

Register for a Retirement Session
Employment After Retirement (EAR) Limits (for Retirees)

Contact Member Services: 1-800-223-8778

PURCHASING SERVICE CREDIT

Important Deadlines for Verification of Unreported Service Withdrawn Service

Unreported Service and/or Compensation Credit Including Substitute Service

State Sick/Personal Leave

DIVORCE AND QUALIFIED DOMESTIC RELATIONS ORDER (QDRO)

403(b) FOR ACTIVE MEMBERS

FAQs

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LIFE EVENT RESOURCE KIT





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Life Event Resource Kit

Retirees and

Beneficiaries

Reporting

Employers





Active

Members

Investments Pension Health Care
Benefits Benefits

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Life Event Resource Kit/Employer Toolkit

About TRS

Personal Events

TRS members experience value ersonal changes in life. Here you will find many helpful links and resources to inform and guide you through any necessary actions.

- Marriage
- Starting a Family
- · Purchasing a Home
- Divorce
- Death
- Disability
- · Change of Address/Phone
- Turning 65



Topic Driven Tiles

Home

About TRS

Active

Members

- Common Questions & Answers
- Actions
- Forms
- Planning
- Member Education Videos
- Financial Awareness Videos

Personal Events

Click here to go back to the Personal Events/Career Events page

Warriage

Starting a Family

Purchasing Home

Change of Address/Phone

Address/Phone

Retirees and

Beneficiaries

Reporting Employers

Website Link

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Pension

Benefits

Investments

Search..

Health Care

Benefits



Life Event Resource Kit





Personal Events

Click here to go back to the Personal Events/Career Events page



When you move to a new address or change your phone numbers, here are helpful links to update your TRS account. This will help you avoid missing any important communications.



Has your address or phone number changed?

Please ensure TRS always has the most current information to reach you by completing a Change of Address Notification whenever your contact information changes.

Change of Address Notification (Form TRS 358) (pdf)



Have recent changes caused you to need to update your beneficiary?

Keep your beneficiary information up-to-date by completing and sending in a Designation of Beneficiary Form whenever changes are needed.

• Designation of Beneficiary (Form TRS 15) (pdf)

Member Annual Statement





Annual Statement



When are statements delivered?



What information is in statement?



Why is it important?

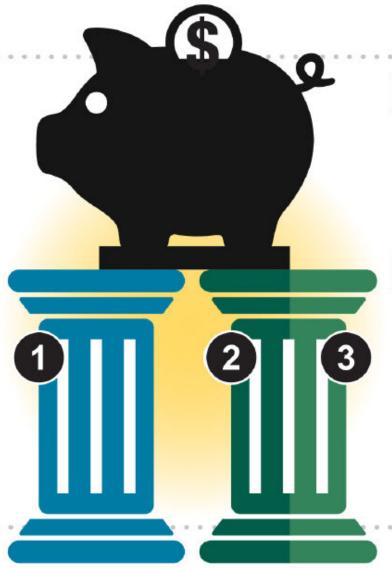
- Mailed during October & November
- Covers membership through previous school year, September – August
- Current and previous statements available in MyTRS
- Includes account balance, service credit earned, and retirement estimates
- Review for accuracy and discuss possible corrections with employer



Annual Statement

1. Pension: TRS Retirement

Your monthly TRS contributions, as well as contributions from the state and your employer, help fund your future TRS retirement. Upon retirement, you would receive a monthly annuity for life. There are no automatic increases to your annuity once you have retired.



2. Personal Savings & Other Assets

Your personal savings and other assets may supplement your TRS pension at retirement. Contact your financial planner to discuss personal savings options that may be available to you.

3. Social Security (If Applicable)

If you are currently contributing or have contributed in the past, you may receive a social security benefit. To determine if you are eligible for social security and estimate potential benefits, contact the Social Security Administration. Two federal social security provisions could impact your social security benefits – the Government Pension Offset and the Windfall Elimination Provision.

Social Security



Social Security



Create an account

Check eligibility for benefits

Government Pension Offset

Windfall Elimination Provision

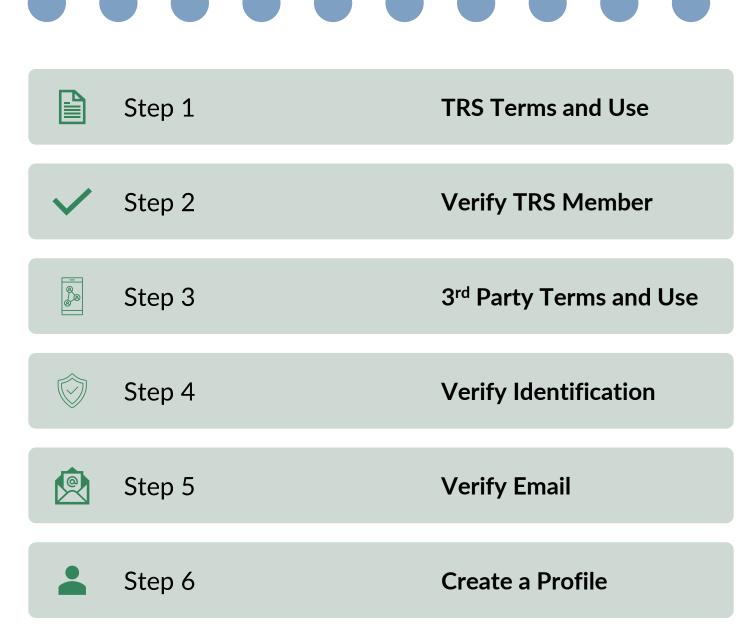
MyTRS



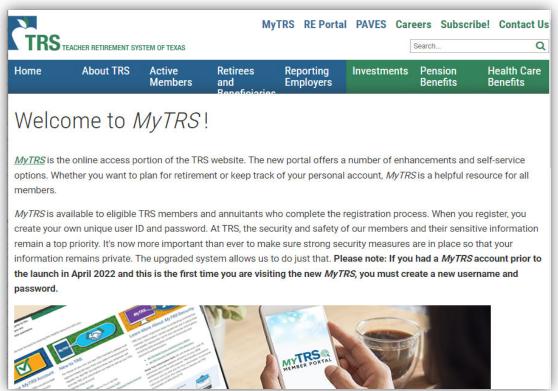
How to Establish Your MyTRS Account











Self-Service Options







Planning Tools

Benefits

Payments





Account Management Account Summary Information



MyTRS Account Summary



Membership Tier

Service Credit

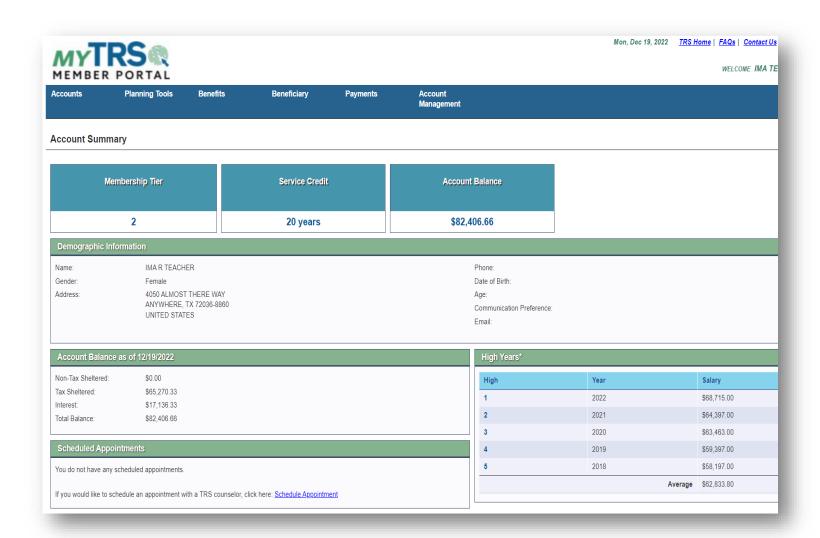
Account Balance

Demographic Information

Account Balance

High Salaries

Scheduled Appointments



MyTRS Account Management

DOCUMENTS

MESSAGES

UPDATE ADDRESS

UPDATE EMAIL

UPDATE PHONE

UPDATE
PREFERRED
METHOD OF
COMMUNICATION

UPDATE PASSWORD

UPDATE SECURITY
QUESTION

UPDATE MULTI-FACTOR AUTHENTICATION



MyTRS Update Beneficiary



Add/Modify

Accept E-Signature Terms

Accept Data Privacy Terms

Update Beneficiary

Electronically Sign Form



Accounts

Beneficiary Paym

Update Beneficiary

Mon, Jun

Account Summary

Membership Tier

Planning Tools

Service Credit

Benefits

Account



Accounts Planning Tools	Benefits	Beneficiary
Account Summary	Apply for a Refund Apply for Retirement	
Membership Tier	Service Credit	

MyTRS Benefits

Apply for Refund

Apply for Retirement

MyTRS Planning Tools





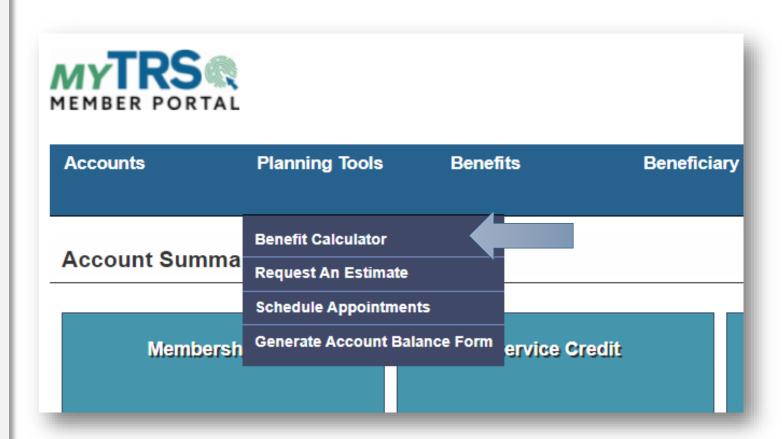
Benefit Calculator

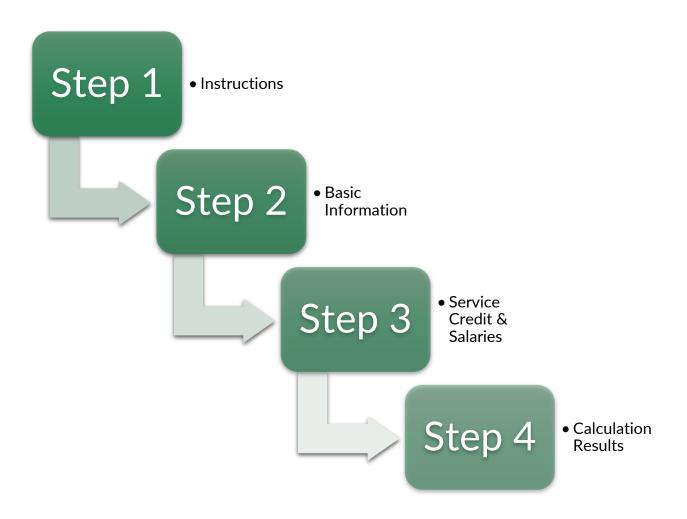
Request an Estimate





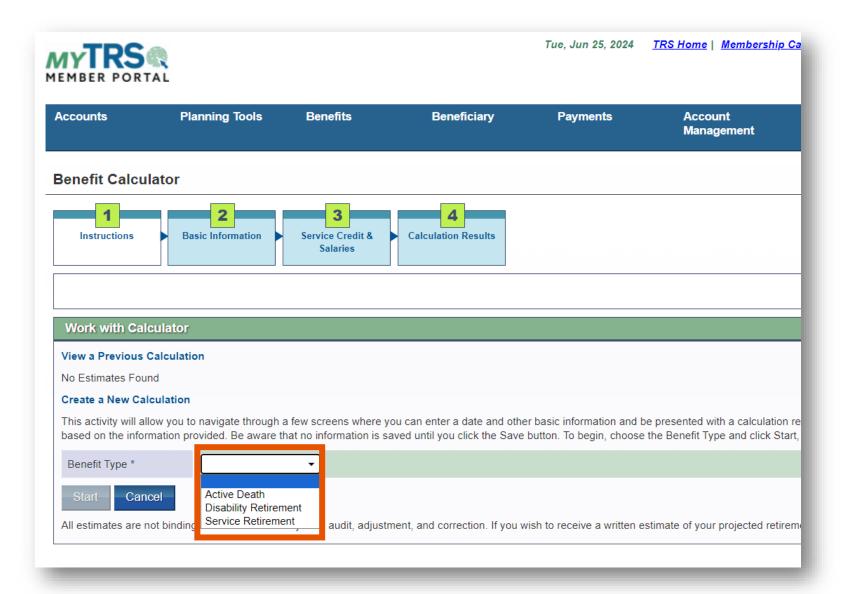
Schedule Appointments Generate Account Balance Form





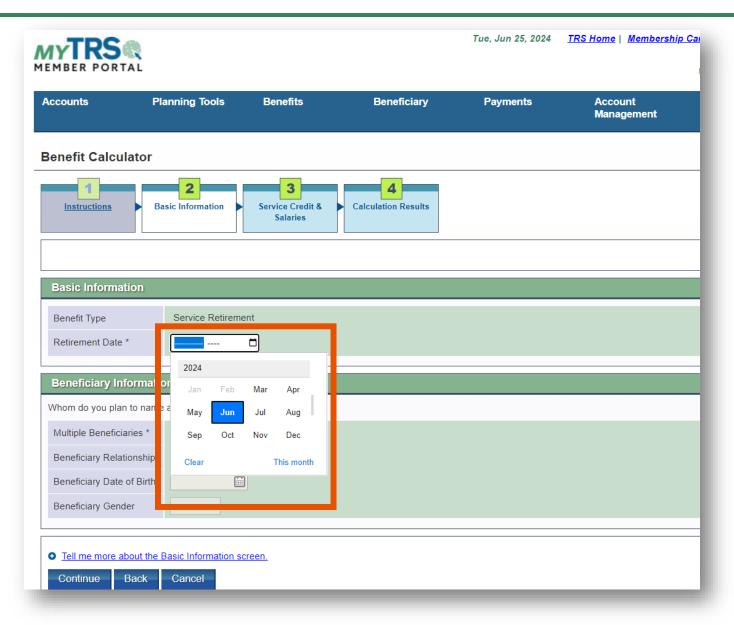
- Simple steps
- Create and save unlimited number of estimates
- Project service credit
- Project future salaries
- Plan for your retirement
- Understand what you'll earn from TRS in retirement





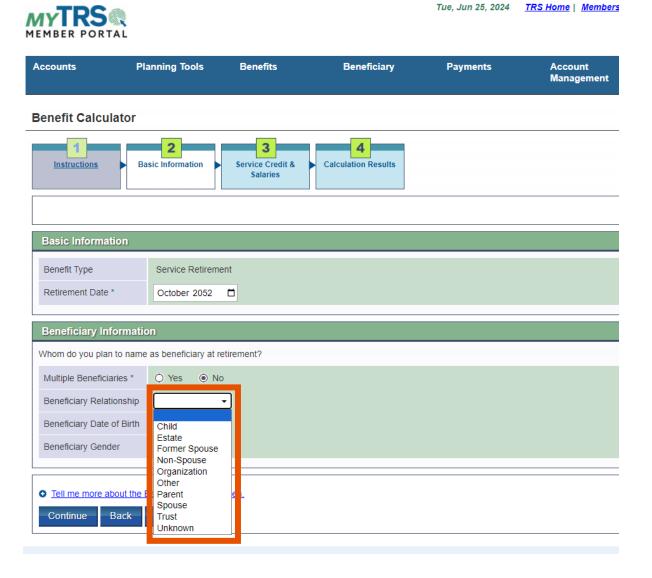






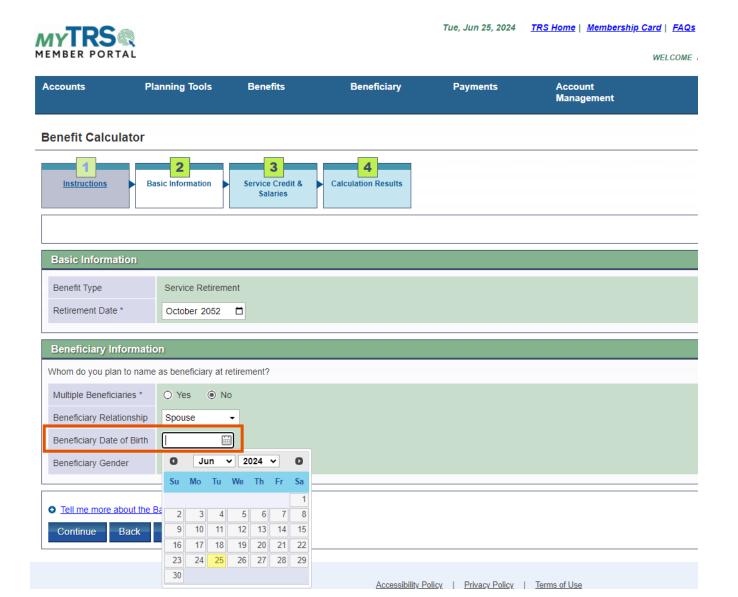






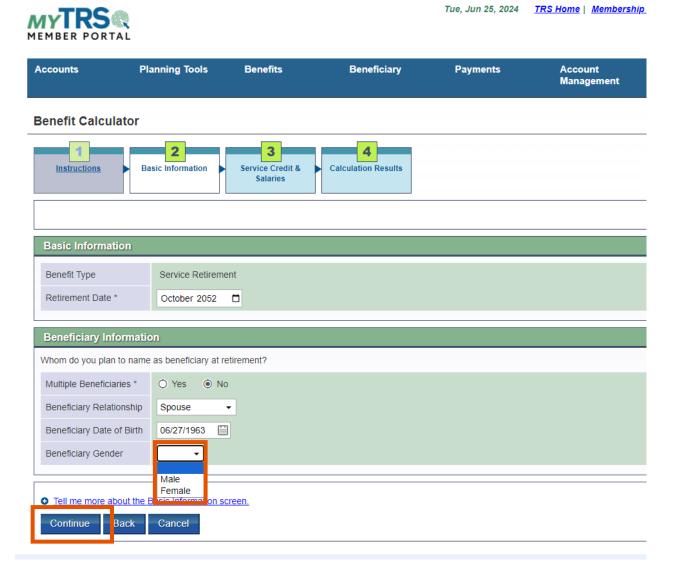






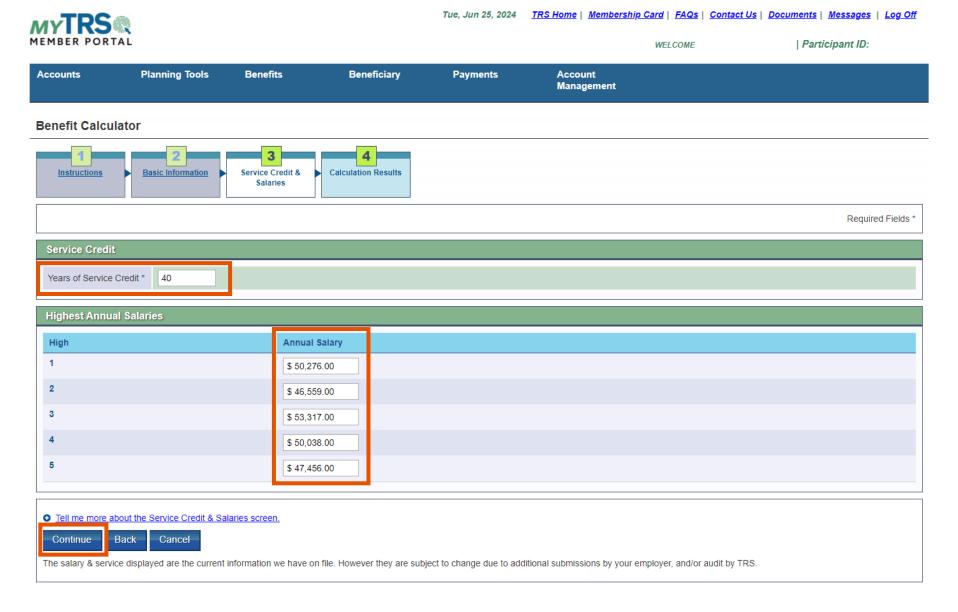


















Tue, Jun 25, 2024 TRS Home | Membership Card | FAQs | Contact Us | Documents | Messages | Log Off

WELCOME

Accounts	Planning Tools	Benefits	Beneficiary	Payments	Account Management			
Benefit Calculator								
Instructions	Basic Information	Service Credit & Salaries	Calculation Results					
Calculation Results								
Retirement Date	10/31/2052							
Beneficiary Relat	tionship Spouse							

 Retirement Date
 10/31/2052

 Beneficiary Relationship
 Spouse

 Beneficiary Age
 89

 Highest Average Salary
 \$49,529.00

 Years of Total Service
 40

 Total Service
 40 × 2.300 = 92.00%

 \$49,529.00 × 92.00% = \$45,566.68 Standard Annuity per Year (gross)

 \$45,566.68 ÷ 12 = \$3,797.22 Standard Annuity per Month (gross)

 Your annuity has been reduced to \$3,749.76 due to early age retirement.

 Your annuity would be \$3,797.22 if not reduced for early age.

Option Results							
	Payment Option	12 Months-PLSO	24 Months-PLSO	36 Months-PLSO			
Partial Lump Sum Option (PLSO)	N/A	\$44,997.12	\$89,994.24	\$134,991.36			
Standard Annuity	\$3,749.76	\$3,433.28	\$3,117.18	\$2,800.70			
Option 1	\$3,686.76	\$3,375.60	\$3,064.81	\$2,753.64			
Option 2	\$3,717.89	\$3,404.10	\$3,090.68	\$2,776.89			
Option 3	\$3,734.76	\$3,419.55	\$3,104.71	\$2,789.49			
Option 4	\$3,697.26	\$3,385.21	\$3,073.54	\$2,761.49			
Option 5	\$3,702.14	\$3,389.68	\$3,077.59	\$2,765.13			

Tell me more about the Calculation Results screen.

Back Cancel







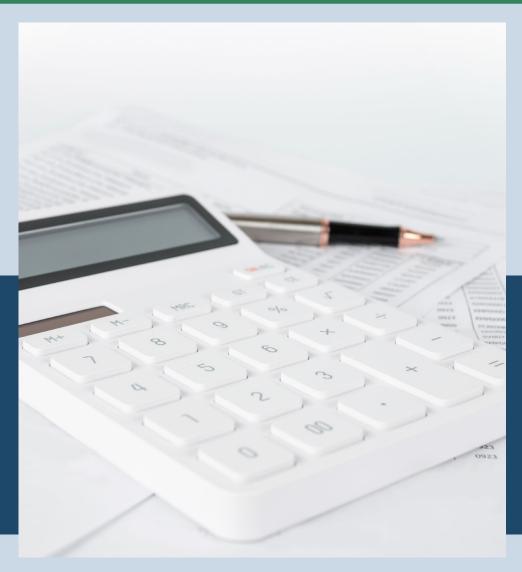
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WELCOME

| Participant ID:

Accounts	Planning Tools	Benefits	Beneficiary	Payments	Account Managemer	nt				
Benefit Ca	Benefit Calculator									
CONFIRM	CONFIRM Information Saved.									
Instruction	Instructions Basic Information Service Credit & Salaries Calculation Results									
								Required Fields *		
Work with	Calculator									
View a Previ	ious Calculation									
	Calculation ID	Benefit Type		Retirement Date		Beneficiary Relationship	Service Credit	Final Average Salary		
	<u>891421</u>	Service Retire	ment	10/31/2052		Spouse	40	\$49,529.00		
Delete										
Create a Nev	Create a New Calculation									
This activity will allow you to navigate through a few screens where you can enter a date and other basic information and be presented with a calculation results screen that will show what your benefit options could be based on the information provided. Be aware that no information is saved until you click the Save button. To begin, choose the Benefit Type and click Start, otherwise click Cancel.										
Benefit Type * ▼										
	Start Cancel All estimates are not binding on TRS and are subject to audit, adjustment, and correction. If you wish to receive a written estimate of your projected retirement benefits from TRS, please click Request an Estimate.									

Estimating Retirement Expenses & Income





Active Member



Planning for Retirement

MvTRS RE Portal PA

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TRS Document Drop Box Available at Austin Headquarters Keep Your Information Current Refunding Your Member Account Long Term Care Information

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FINANCIAL AWARENESS VIDEO SERIES

PLANNING FOR

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Service Credit Brochure (pdf)

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SEMENT

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PURCHASING SERVICE CREDIT

Important Deadlines for Verification of Unreported Service Unreported Service and/or Compensation Credit Including Substitute

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Active Member



Planning for Retirement



Retirement Calculator

Planning for Retirement

Retiring can be a simple process if you plan ahead. This section of the TRS website provides information and helps you to decide when it is the right time for you to begin the retirement process and what retirement options are available for you. This timeline is meant to be a general example of the retirement process. Your specific timeline may differ.

Planning ahead can help ensure a smooth transition into retirement. TRS experiences a high volume of retirements during the months of May through August. Don't delay!

(Click on a block to read more. To return to previous levels, click on the bar for that level.)















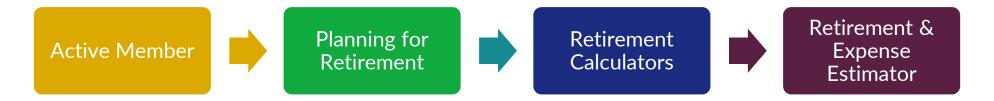










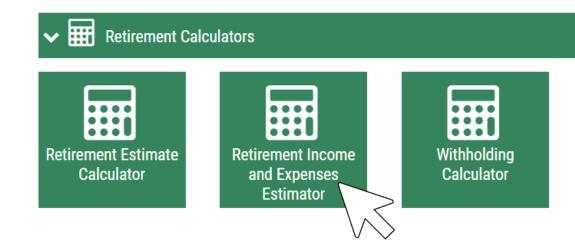


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Planning for Retirement



Retirement **Calculators**



Retirement & Expense **Fstimator**



Excel or PDE

Planning for Retirement

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Retirement Calculators



Retirement Income and Expenses Estimator

To help ensure your readiness to retire, it's important to estimate your future needs now so you have time to make adjustments, if needed. Download or print a copy of the Retirement Income and Expenses Worksheet below to help you estimate the monthly income and expenses you expect to have in retirement.







Retirement Income and Expenses Worksheet (hard copy)



Retirement Income and Expenses Estimator Disclaimer

- TRS is not authorized to offer retirement, legal, or financial advice to members.
- This tool is provided by TRS for educational and information purposes only. It is not intended to provide retirement, legal or financial advice.
- TRS does not guarantee the accuracy of the tool and suggest that you consult with a retirement or financial advisor regarding your individual situation.

Instructions for Estimating Retirement Expenses

When preparing for retirement, it's important to estimate your expenses. This tool lists the most common expenses to consider in retirement.

- 1. Enter your current expenses in the column labeled "Current Monthly Cost."
- 2. Enter the inflation factor from the table below. Select the number of years in the future you plan to retire and your expectation of inflation, use the number that appears as your inflation factor.
- 3. The calculator will multiply Current Monthly Cost by the Inflation Factor.
- 4. Go to Retirement Income tab and enter estimated income in retirement.

Inflation Factor

It's important to consider inflation when estimating your expenses in retirement. Inflation is a term used to describe rising prices in the economy, or the amount paid for goods and services. It is difficult to predict inflation. However, the following graph reflects US Labor Department published annual inflation rates to assist you in determining the inflation rate factor.

Retirement Expense Estimate

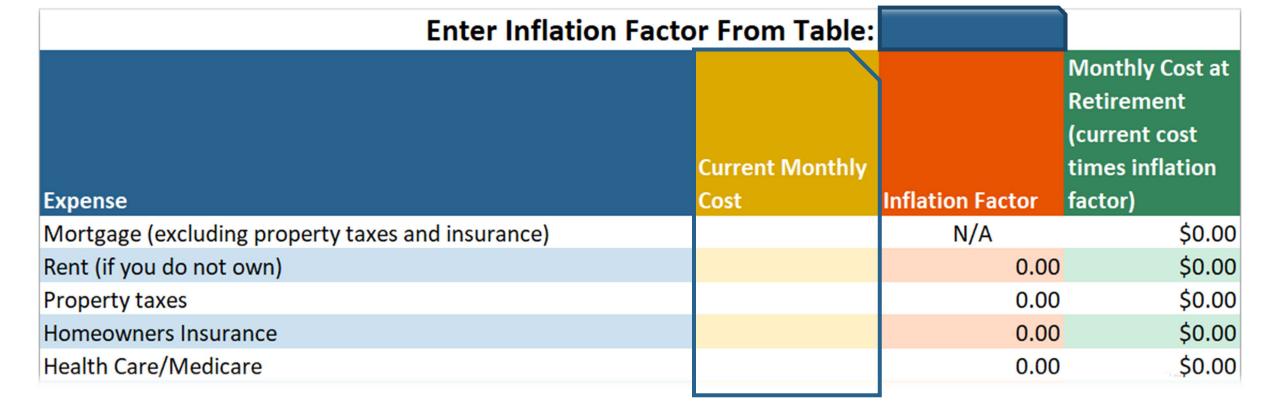














Retirement Income & Inflation

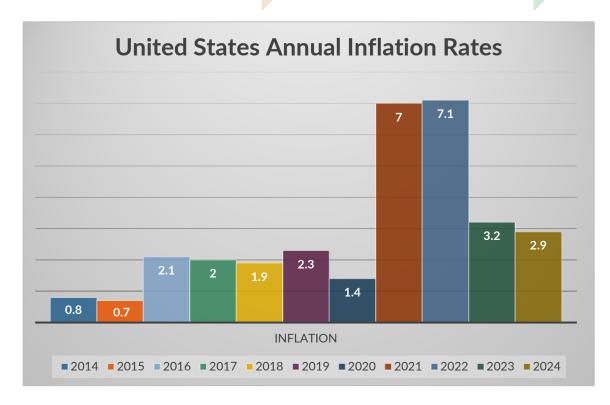












Years			Annu	ıal Infl	ation I	Rate		
to Retire	3%	4%	5%	6%	7%	8%	9%	10%
1	1.03	1.04	1.05	1.06	1.07	1.08	1.09	1.10
5	1.16	1.22	1.28	1.34	1.40	1.47	1.54	1.61
10	1.34	1.48	1.63	1.79	1.97	2.16	2.37	2.59
15	1.56	1.8	2.08	2.4	2.76	3.17	3.64	4.18
20	1.81	2.19	2.65	3.21	3.87	4.66	5.60	6.73
25	2.09	2.67	3.39	4.29	5.43	6.85	8.62	10.83
30	2.43	3.24	4.32	5.74	7.61	10.06	13.27	17.45

Data available at U.S. Bureau of Labor Statistics

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Retirement Expense Estimate & Inflation Factor



Years to retire: 15

• Expected inflation rate: 5%

Inflation factor: 2.08

Years			Annu	al Infl	ation	Rate		
to Retire	3%	4%	5%	6%	7%	8%	9%	10%
1	1.03	1.04	1.05	1.06	1.07	1.08	1.09	1.10
5	1.16	1.22	1.28	1.34	1.40	1.47	1.54	1.61
10	1.34	1.48	1.63	1.79	1.97	2.16	2.37	2.59
15	1.56	1.8	2.08	2.4	2.76	3.17	3.64	4.18
20	1.81	2.19	2.65	3.21	3.87	4.66	5.60	6.73
25	2.09	2.67	3.39	4.29	5.43	6.85	8.62	10.83
30	2.43	3.24	4.32	5.74	7.61	10.06	13.27	17.45

Estimated Monthly Retirement Expenses

Enter Inflation Factor	or From Table	2.08	
Expense	Current Monthly Cost	Inflation Factor	Monthly Cost at Retirement (current cost times inflation factor)
Mortgage (excluding property taxes and insurance)		N/A	\$0.00
Rent (if you do not own)		2.08	\$0.00
Property taxes	\$500.00	2.08	\$1,040.00
Homeowners Insurance	\$166.67	2.08	\$346.67
Health Care/Medicare	\$347.71	2.08	\$723.24
Utilities (gas, electric, water, waste water, trash)	\$200.00	2.08	\$416.00
TV, Internet & Phone	\$150.00	2.08	\$312.00
Home Maintenance	\$100.00	2.08	\$208.00
Automobile/Transportation (gas, maintenance, insurance)	\$100.00	2.08	\$208.00
Groceries	\$500.00	2.08	\$1,040.00
Clothing	\$50.00	2.08	\$104.00
Personal care	\$50.00	2.08	\$104.00
Dependent care		2.08	\$0.00
Homeowners Association Dues	\$50.00	2.08	\$104.00
Loan payments (car, home equity, credit line)	\$500.00	N/A	\$500.00
Credit Cards Debt (minimum payment)		N/A	\$0.00
Entertainment	\$50.00	2.08	\$104.00
Eating Out	\$50.00	2.08	\$104.00
Travel	\$100.00	2.08	\$208.00
Charitable Donations/Gifts	\$25.00	2.08	\$52.00
Other (variable interest)		2.08	\$0.00
Other (fixed interest)		N/A	\$0.00
Monthly Total	\$2,939.38) (\$5,573.91



Retirement Expense Estimate & Inflation Factor



Years to retire: 15

• Expected inflation rate: 4%

• Inflation factor: 1.8

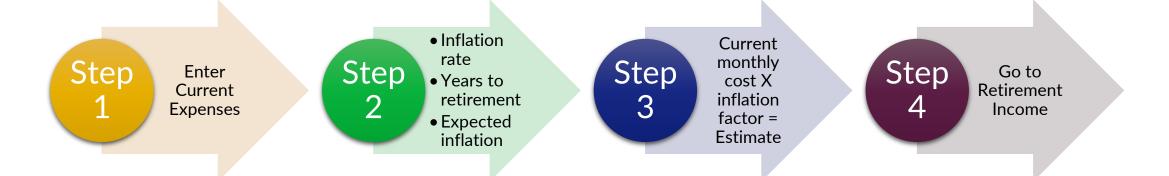
Years			Annu	al Infl	ation	Rate		
to Retire	3%	4%	5%	6%	7%	8%	9%	10%
1	1.03	1.04	1.05	1.06	1.07	1.08	1.09	1.10
5	1.16	1.22	1.28	1.34	1.40	1.47	1.54	1.61
10	1.34	1.48	1.63	1.79	1.97	2.16	2.37	2.59
15	1.56	1.8	2.08	2.4	2.76	3.17	3.64	4.18
20	1.81	2.19	2.65	3.21	3.87	4.66	5.60	6.73
25	2.09	2.67	3.39	4.29	5.43	6.85	8.62	10.83
30	2.43	3.24	4.32	5.74	7.61	10.06	13.27	17.45

Estimated Monthly Retirement Expenses

Enter Inflation Fac	tor From Table:	1.80	
Expense	Current Monthly Cost	Inflation Factor	Monthly Cost at Retirement (current cost times inflation factor)
Mortgage (excluding property taxes and insurance)		N/A	\$0.00
Rent (if you do not own)		1.80	\$0.00
Property taxes	\$500.00	1.80	\$900.00
Homeowners Insurance	\$166.67	1.80	\$300.01
Health Care/Medicare	\$347.71	1.80	\$625.88
Utilities (gas, electric, water, waste water, trash)	\$200.00	1.80	\$360.00
TV, Internet & Phone	\$150.00	1.80	\$270.0
Home Maintenance	\$100.00	1.80	\$180.00
Automobile/Transportation (gas, maintenance, insurance)	\$100.00	1.80	\$180.00
Groceries	\$500.00	1.80	\$900.00
Clothing	\$50.00	1.80	\$90.00
Personal care	\$50.00	1.80	\$90.00
Dependent care		1.80	\$0.00
Homeowners Association Dues	\$50.00	1.80	\$90.00
Loan payments (car, home equity, credit line)	\$500.00	N/A	\$500.00
Credit Cards Debt (minimum payment)		N/A	\$0.00
Entertainment	\$50.00	1.80	\$90.00
Eating Out	\$50.00	1.80	\$90.0
Travel	\$100.00	1.80	\$180.0
Charitable Donations/Gifts	\$25.00	1.80	\$45.00
Other (variable interest)		1.80	\$0.00
Other (fixed interest)		N/A	\$0.0
Monthly Tota	\$2,939.38) (\$4,890.88

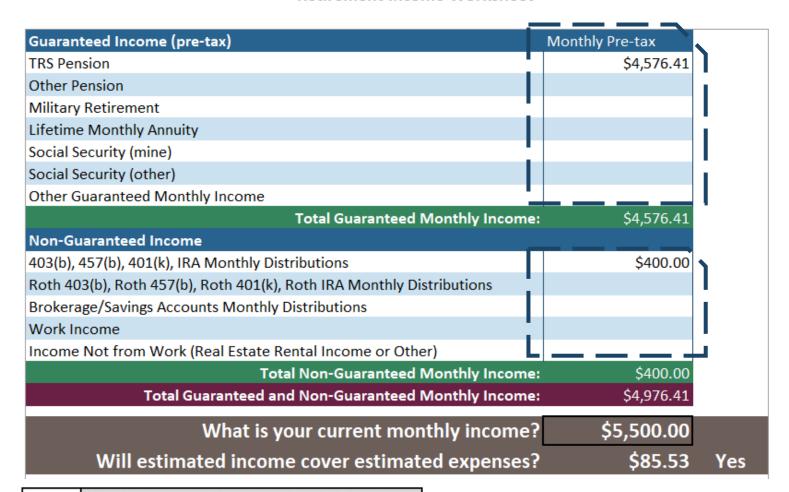
Retirement Expense Estimate & Inflation Factor



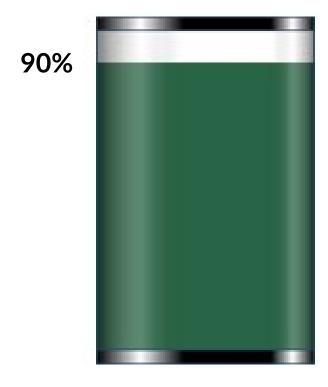


Guaranteed Income (pre-tax)	Monthly Pre-tax
TRS Pension	
Other Pension	
Military Retirement	
Lifetime Monthly Annuity	
Social Security (mine)	
Social Security (other)	
Other Guaranteed Monthly Income	

Retirement Income Worksheet



Percentage of Pre-retirement Income





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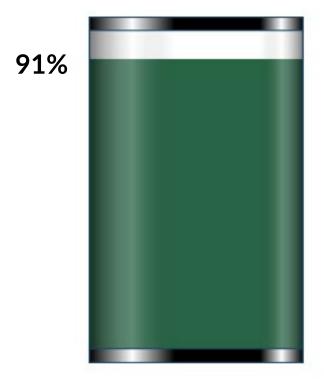
Retirement Income Estimate



Retirement Income Worksheet

Guaranteed Income (pre-tax)	Monthly Pre-tax
TRS Pension	\$4,576.41
Other Pension	\$2,000.00
Military Retirement	
Lifetime Monthly Annuity	
Social Security (mine)	
Social Security (other)	\$1,700.00
Other Guaranteed Monthly Income	
Total Guaranteed Monthly Income	\$8,276.41
Non-Guaranteed Income	
403(b), 457(b), 401(k), IRA Monthly Distributions	\$400.00
Roth 403(b), Roth 457(b), Roth 401(k), Roth IRA Monthly Distributions	
Brokerage/Savings Accounts Monthly Distributions	
Work Income	
Income Not from Work (Real Estate Rental Income or Other)	
Total Non-Guaranteed Monthly Income	\$400.00
Total Guaranteed and Non-Guaranteed Monthly Income	\$8,676.41
What is your current monthly income?	\$9,500.00
Will estimated income cover estimated expenses?	\$3,785.53

Percentage of Pre-retirement Income





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How can I increase my TRS pension?







Purchase Service Credit

Withdrawn Service

Unreported Service

Substitute Service

Out of State Service

Military or USERRA

State Sick and/or Personal Leave

Developmental Leave

Career & Technology Work Experience

Membership Waiting Period



What if that's not enough?

Increase Personal Savings

403(b), 457(b), 401(k)

Roth 403(b), 457(b), 401(k)

Working in Retirement

Employment After Retirement with TRS-Covered Employer

Private School Employment

New Career

Contact us by phone or fax

- 1-800-223-8778 Monday–Friday, 7 a.m.– 6 p.m. Automated information available day or night, seven days a week
- Upload Forms and Documents from the TRS website
- 512-542-6597 TRS Benefit Services Fax Number
 Note: All forms related to pension benefits are acceptable by fax.
- Send a Secure Message from your MyTRS account

Social Media

• Find TRS on Facebook, X (formerly Twitter), YouTube, Instagram and LinkedIn!



THANK YOU







Austin Headquarters El Paso Regional Office



Phone: 1-800-223-8778

Fax: 512-542-6597

Presentation Survey

TRS values your opinion and wants the Benefit Presentation to be as useful as possible to members. Please take a moment to complete this form to help us achieve our goal.



9/13/2024