



Exciting New Benefits for TRS-Care Participants — and More

Review this letter to see why we're the care you can count on!

TRS-Care is designed for Texas public education retirees like you. We want you to have the most up-to-date information to improve your health and well-being.



What's new with TRS-Care?

Dental and vision benefits for retirees and their eligible dependents are coming to TRS-Care in 2025!

You don't need to be enrolled in a TRS-Care health plan to enroll in TRS-Care Dental and TRS-Care Vision.

These new, optional plans will help you see and smile with confidence as you explore new adventures.

You can expect:

Easy access to quality care

Great customer service

High-value benefits

Broad provider networks

MetLife is the new dental and vision carrier. Check out the enclosed flyers to explore your new benefits. Signing up is easy — just complete and return the enclosed application. You can choose to enroll in just dental or vision — or both!

These are optional plans with separate premiums. You can enroll from Oct. 1, 2024 to Dec. 7, 2024. Coverage starts Jan. 1, 2025. And since you're enrolled in one of our medical plans, why not keep all your health care in one spot for ease? **Make TRS the choice you can count on for all aspects of your well-being.**



NEW! Expanded TRS hours for TRS-Care Dental and TRS-Care Vision enrollment — Starting Oct. 1, 2024, call TRS Health at 1-888-237-6762 to enroll. We extended our hours from Oct. 1 to Dec. 7 to help you enroll. Mon–Fri 7:00 a.m.–6:00 p.m. and Sat 9:00 a.m.–1:00 p.m.

Look for updates in our health care newsletter, *The Pulse*.
Visit <https://www.trs.texas.gov/Pages/subscribe.aspx> or scan the QR code to subscribe.

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Two great options to learn more:



TRS-Care Health Education Fairs

We're excited to hit the road again this fall to bring health education fairs to a city near you. Learn about your TRS-Care benefits, explore wellness programs, meet your fellow retirees and have a great time! Attend the fair to learn more about health care carriers:

- MetLife — new dental and vision benefits for TRS-Care Dental and TRS-Care Vision
- Blue Cross and Blue Shield of Texas — medical benefits for TRS-Care Standard (non-Medicare enrollees)
- Express Scripts — prescription drug benefits for TRS-Care plans

TRS-Care Virtual Information Sessions

In addition to in-person health education fairs, we'll host virtual information sessions you can attend from home. Register now to get a deeper look at your 2025 TRS-Care benefits.

[See the enclosed TRS-Care event invitation for dates, locations, registration and more!](#)

Next Steps and Checklist

- Do Now!** Check out your TRS-Care Event Invitation and 2025 TRS-Care Plan Highlights in this packet.
- Aug. 21, 2024 to Oct. 17, 2024: Attend a **TRS-Care Health Education Fair** in person or **join a virtual TRS-Care Information Session** to review your 2025 TRS-Care benefits.
- Enroll in TRS-Care Dental and/or TRS-Care Vision!** Enrollment opens Oct. 1, 2024. Complete the enclosed application and return it to TRS by Dec. 7, 2024.
- Dec. 31, 2024:** New medical ID cards are coming in 2025! Everyone on TRS-Care Standard will get a new medical ID card for the 2025 plan year by Dec. 31, 2024.
- Continue to use your current Express Scripts prescription ID card for the 2025 plan year.

Things you can do anytime!

Call TRS Health at 1-888-237-6762, Monday–Friday from 7 a.m.–6 p.m. CST, if you have questions about enrollment and eligibility.

Call MetLife at 1-855-488-0522 if you have questions about your new dental and vision benefits.

Turning 65 soon? Visit TRS on YouTube to watch these informational videos:

Learn the Terms: Health Care Edition. Health care can be confusing — let us help you simplify it! Watch the full video or skip around to the terms you don't know.

Turning 65 soon? Find out how you can prepare for this milestone.

TRS-Care Medicare Advantage vs. Other Medicare Plans. With TRS-Care Medicare Advantage, you'll have low doctor visit copays, a low inpatient hospital admission copay, and low maximum out-of-pocket costs.

