



Teacher Retirement System of Texas
1000 Red River St.
Austin, TX 78701-2698
www.trs.texas.gov

2023 TRS-CARE HEALTH FAIRS AND INFO SESSIONS

A Roadmap to Your Benefits



Join Teacher Retirement System of Texas (TRS) and our partners for a health fair this fall! We'll host 21 in-person fairs throughout Texas. We'll also offer virtual information sessions with in-depth reviews of 2024 plan year benefits.

YOUR TRIP LIST

- Talk to your health plan vendors
- Meet your TRS Health Team
- Learn about your TRS-Care health benefits
- Get a head start on Medicare
- Attend brief presentations
- Sign up for wellness programs
- Take a fun photo
- Enjoy some refreshments

YOUR TRAVEL GUIDES

- TRS
- Blue Cross and Blue Shield of Texas (BCBSTX)
- UnitedHealthcare
- Express Scripts
- Local Vendors

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DATES AND
LOCATIONS!



TRS-Care Health Fairs

Register yourself (and your family and friends) for a 2023 TRS-Care Health Fair today! Registration is free for everyone. **When you register, you'll get an email confirmation with a map to the health fair location—plus event reminders.** All health fairs are 9 a.m. to 12 p.m., local time. Feel free to drop in for a bit or stay for a while! This event is come-and-go, with exhibits, brief presentations, videos, fun activities and more. **See you on the road!**

TRS-Care Health Fair Date and Time	City	TRS-Care Health Fair Location
Tuesday, Sept. 12, 2023 (9 a.m.-12 p.m.)	Round Rock	Embassy Suites by Hilton Round Rock 270 Bass Pro Drive, Round Rock, TX 78665
Tuesday, Sept. 19, 2023 (9 a.m.-12 p.m.)	Amarillo	Amarillo Civic Center Complex 401 S. Buchanan St., Amarillo, TX 79101
Wednesday, Sept. 20, 2023 (9 a.m.-12 p.m.)	Lubbock	Holiday Inn Lubbock South 6107 Justice Ave., Lubbock, TX 79424
Thursday, Sept. 21, 2023 (9 a.m.-12 p.m.)	Odessa	Odessa Marriott Hotel & Conference Center 305 E. 5th St., Odessa, TX 79761
Monday, Sept. 25, 2023 (9 a.m.-12 p.m.)	Laredo	La Posada Hotel 1000 Zaragoza St., Laredo, TX 78040
Tuesday, Sept. 26, 2023 (9 a.m.-12 p.m.)	San Antonio	Embassy Suites by Hilton San Antonio Brooks Hotel & Spa 7610 S. New Braunfels Ave., San Antonio, TX 78235
Wednesday, Sept. 27, 2023 (9 a.m.-12 p.m.)	San Marcos	Embassy Suites by Hilton San Marcos Hotel Conference Center 1001 E. McCarty Lane, San Marcos, TX 78666
Monday, Oct. 2, 2023 (9 a.m.-12 p.m.)	Beaumont	Holiday Inn & Suites Beaumont-Plaza (I-10 & Walden) 3950 I-10 S. and Walden Rd., Beaumont, TX 77705
Tuesday, Oct. 3, 2023 (9 a.m.-12 p.m.)	Houston North	Greer & Lowdermilk (G&L) Conference Center 4225 Interwood N. Pkwy., Houston, TX 77032
Wednesday, Oct. 4, 2023 (9 a.m.-12 p.m.)	Houston Southeast	Houston Marriott South at Hobby Airport 9100 Gulf Fwy., Houston, TX 77017
Thursday, Oct. 5, 2023 (9 a.m.-12 p.m.)	Houston Southwest	Houston Marriott Sugar Land 16090 City Walk, Sugar Land, TX 77479
Monday, Oct. 9, 2023 (9 a.m.-12 p.m.)	McAllen	DoubleTree Suites by Hilton Hotel McAllen 1800 S. 2nd St., McAllen, TX 78503
Tuesday, Oct. 10, 2023 (9 a.m.-12 p.m.)	Harlingen	Harlingen Convention Center 701 Harlingen Heights Dr., Harlingen, TX 78552
Wednesday, Oct. 11, 2023 (9 a.m.-12 p.m.)	Corpus Christi	Mansion Royal 8001 South Padre Island Dr., Corpus Christi, TX 78412
Tuesday, Oct. 17, 2023 (9 a.m.-12 p.m.)	El Paso East	Marriott El Paso 1600 Airway Blvd., El Paso, TX 79925
Wednesday, Oct. 18, 2023 (9 a.m.-12 p.m.)	El Paso Northwest	Grace Gardens Event Center 6701 Westside Dr., El Paso, TX 79932
Friday, Oct. 20, 2023 (9 a.m.-12 p.m.)	Waco	Waco Convention Center (located next to Hilton Waco) 100 Washington Ave., Waco, TX 76701
Monday, Oct. 23, 2023 (9 a.m.-12 p.m.)	Fort Worth	Holiday Inn Fort Worth - Alliance, an IHG Hotel 11120 Moriah Dr., Fort Worth, TX 76177
Tuesday, Oct. 24, 2023 (9 a.m.-12 p.m.)	Arlington	Hilton Arlington 2401 E. Lamar Blvd., Arlington, TX 76006
Wednesday, Oct. 25, 2023 (9 a.m.-12 p.m.)	Dallas North (Allen)	Allen Conference Center (located at the Hilton Garden Inn Dallas/Allen) 705 Central Exwy. S., Allen, TX 75013
Thursday, Oct. 26, 2023 (9 a.m.-12 p.m.)	Longview	Hilton Garden Inn Longview 905 E. Hawkins Pkwy., Longview, TX 75605

TRS-Care Virtual Information Sessions

Register for a free TRS-Care virtual information session today! **When you register, you'll get an email confirmation with a link to join the online session—plus event reminders. See you online!**

Participants Eligible for Medicare	Date	Time
TRS-Care Medicare Information Session	Friday, Oct. 6, 2023	10 a.m.-12 p.m.
Returning to TRS-Care? Your One-Time Reenrollment Opportunity ends Dec. 31, 2023!	Thursday, Oct. 12, 2023	11 a.m.-12 p.m.
TRS-Care Medicare Information Session	Thursday, Oct. 19, 2023	10 a.m.-12 p.m.
TRS-Care Medicare Information Session	Wednesday, Nov. 1, 2023	10 a.m.-12 p.m.

Participants NOT Eligible for Medicare	Date	Time
TRS-Care Standard Information Session	Monday, Oct. 16, 2023	10 a.m.-12 p.m.
TRS-Care Standard Information Session	Tuesday, Oct. 31, 2023	10 a.m.-12 p.m.

Register for all events at www.texas.trs.gov/healthevents or by hovering over the QR code with your mobile device:

