

Make the Most of Your Health Care

Engage with your TRS-Care health plan today!



Providing you with high-quality health care and excellent customer service is our focus here at the Teacher Retirement System of Texas (TRS). We want you to find the answers to your health care questions and discover new programs that will help you stay healthy and improve your health.

TRS-Care participants can enroll in TRS-Care Medicare when they turn 65 or become Medicare-eligible.

What's New?

TRS-Care has a new pharmacy benefits manager (PBM)! Express Scripts will be the new PBM for TRS-Care Standard. The new contract will generate savings to help sustain health care benefits for retirees and their families. Express Scripts will start administering pharmacy benefits on Jan. 1, 2024. SilverScrip will continue to serve TRS-Care Medicare Rx through Dec. 31, 2023.

We're also excited to announce that **dental and vision benefits for TRS retirees and their families are coming to TRS-Care in 2025!** The 88th Texas Legislature passed Senate Bill 1854, which allows TRS to offer optional dental and vision care coverage for TRS retirees. This includes their dependents, surviving spouses and surviving dependent children. In the coming year, we'll communicate when TRS retirees may enroll. **Coverage will start Jan. 1, 2025.**



Look for updates in our health care newsletter, *The Pulse*.

Visit <https://www.trs.texas.gov/Pages/subscribe.aspx> or scan the QR code to subscribe.

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Join us for a health fair to learn more!

Come to a TRS-Care Health Fair! We're back on the road this fall to bring health fairs to a region near you. TRS health fairs let you explore your benefits! They feature booths hosted by health vendors we partner with to administer your health plans.

You can talk with our health vendors, UnitedHealthcare and Express Scripts, and other relevant vendors in person. You can also learn more about TRS-Care Medicare benefits, explore wellness programs and meet fellow retirees. Our goal for the health fairs is to provide an opportunity for interaction and communication between you and your health plan. And for you to have a fun time!

Attend a virtual information session!

In addition to in-person health fairs, we'll host virtual information sessions you can attend from the comfort of home. Register now to get a deeper look at your 2024 TRS-Care benefits.

See the enclosed invitation to TRS-Care health fairs and virtual information sessions for dates, locations, registration, and more!

Next Steps

- **Action required!** Sign up for Medicare and enroll in TRS-Care Medicare to keep getting TRS health care benefits.
- **Attend a TRS-Care Health Fair in person or join a virtual TRS-Care Information Session** to review 2024 TRS-Care Medicare benefits.
- **Attend TRS-Care Medicare & You**, an online session for people who will be eligible for Medicare soon. It will help you understand the enrollment process and how TRS-Care Medicare provides the care you can count on for this next stage of your life.
- **Continue to use your current TRS-Care Standard medical coverage** until your TRS-Care Medicare Advantage coverage takes effect. Use your current pharmacy ID cards either through Dec. 31, 2023 or until your TRS-Care Medicare Rx coverage takes effect. Once you enroll in TRS-Care Medicare, you'll get new TRS-Care Medicare medical and pharmacy ID cards by your TRS-Care Medicare start date.
- **Stay Connected!** Subscribe to *The Pulse* to stay current on TRS-Care health care news. Visit <https://www.trs.texas.gov/Pages/subscribe.aspx> or scan the QR code to subscribe!
- **Call TRS Health** at 1-888-237-6762, Monday–Friday from 7 a.m.–6 p.m., CT, to learn more.

